
INSPIRING to TINKER

Sharing Inspirational real-life experiences.

The purpose of sharing real-life experiences with the ATL students is to motivate and inspire them. Any experience from your life which highlights situations where you were facing adversity and ploughed on to achieve your targets will be good material to share with students.

Some motivational concepts to be highlighted through such experiences are:

- ❖ Believe in yourself **You must expect great things of yourself before you can do them.**
- Michael Jordan
 - ❖ Hard work **If four things are followed - having a great aim, acquiring knowledge, hard work, and perseverance - then anything can be achieved.**
- A.P.J. Abdul Kalam
 - ❖ Persevere,
even in adversity **It's not that I'm so smart, it's just that I stay with problems longer.**
- Albert Einstein
 - ❖ Overcome
procrastination
& not make excuses **My advice is to never do tomorrow what you can do today.**
Procrastination is the thief of time.
- Charles Dickens
 - ❖ Cultivating
a growth mindset
and a can-do attitude **The greatest discovery of all time is that a person can change their future by merely changing their attitude**
- Oprah Winfrey
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Mentors are encouraged to:

- Talk about your life experiences, your mentors, how they helped you.
- Draw out and encourage your audience to communicate their best experiences and stories.
- Listen and share, connect with the audience.
- Use their knowledge, learnings and discretion and analyse what is best for the audience.
- Make the audience aware and physically engage them with their surroundings and identify positive things around them.

References:

The following is a non-exhaustive and suggestive list of resources on the concept of motivation:

Resource Description	
Methodologies for Motivating Student Learning Through Personal connections	Link
Utilise personal experience	Link
Building Rapport with Students by Sharing a Piece of Yourself	Link
Teaching Methods for Inspiring the Students of the Future Joe Ruhl TEDxLafayette	Link

Note:

1. Mentors are recommended to build their content and deliver to their audience in the ATLS and not plagiarize.
2. Mentors are encouraged to explore resources and share critical observations within communities and with AIM.
3. Please note these are third party links and AIM or NITI Aayog does not endorse any person(s) or organizations mentioned on or related to these links.
4. The opinions and views expressed by the mentor during her/his interaction are of their own and do not necessarily reflect the views of AIM, NITI Aayog.
5. Mentors are aware that the engagement with the ATLS is treated as a community service and there shall be no financial transactions between any stakeholder and mentor for any official ATL related activity.